



read

Deuteronomy 5:1-5, 15

New Revised Standard Version Updated Edition

Moses convened all Israel and said to them:

“Hear, O Israel, the statutes and ordinances that I am addressing to you today; you shall learn them and observe them diligently. ²The Lord our God made a covenant with us at Horeb. ³Not with our ancestors did the Lord make this covenant but with us, who are all of us here alive today. ⁴The Lord spoke with you face to face at the mountain, out of the fire. ⁵(At that time I was standing between the Lord and you to declare to you the word of the Lord, for you were afraid because of the fire and did not go up the mountain.) And he said:

¹⁵Remember that you were a slave in the land of Egypt, and the Lord your God brought you out from there with a mighty hand and an outstretched arm; therefore the Lord your God commanded you to keep the Sabbath day.

Leviticus 23:3

New Revised Standard Version Updated Edition

³“Six days shall work be done, but the seventh day is a Sabbath of complete rest, a holy convocation; you shall do no work: it is a Sabbath to the Lord throughout your settlements.

consider

When did you last rest—truly rest?

Marva J. Dawn, in *Keeping the Sabbath Wholly*, notes that “it is really impossible to rest our bodies thoroughly if our spirits are ill at ease” (p.55). Does your spirit’s dis-ease keep you from resting? What dis-eases and calms your spirit?

Dawn notes that rest “gives us the silence to discover ourselves, to recover our integrity and creativity” (p.74). How will you rest so that you might find yourself, be authentic and creative?

worship

OPENING PRAYER

Blessed are you, O Lord our God, King of the universe, who has sanctified us by your commandments, and commanded us to kindle the Sabbath lights.

May the Sabbath-light which illumines this place cause peace and happiness to shine upon us.

Bless us, O God, on this holy day,

And cause your divine glory to shine upon us.

Enlighten our darkness and guide us and all humanity,

Towards truth and eternal light.

Amen.

“O God, You Made the Sabbath Day”

On the reverse side of this worship aid

PRAYERS

LORD’S PRAYER

No. 895 in *The United Methodist Hymnal* (1989)

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory, forever.

Amen.

READING

REFLECTION

“Near to the Heart of God”

No. 472, *The United Methodist Hymnal* (1989)

OFFERING

DOXOLOGY

No. 95 in *The United Methodist Hymnal* (1989)

**Praise God, from whom all blessings flow;
praise God, all creatures here below;
praise God above, ye heavenly host;
praise Father, Son, and Holy Ghost. Amen.**

“O Love That Wilt Not Let Me Go”

No. 480, *United Methodist Hymnal* (1989)

GO IN PEACE

news & events

FOOD PANTRY SOUPER BOWL CHALLENGE

This month we will be collecting canned soup to help the Franklin Food Pantry win its challenge against Weymouth. All donations collected at the Franklin UMC will be brought to the Food Pantry on Feb 8th.

BOOK CLUB

The FUMC Book Club is reading Jackal's Mistress by Chris Bohjalian. The next meeting will be on Monday February 9th at 6:30 pm. The group will meet in a hybrid format at Cynthia's house and online (<https://meet.goto.com/richp/churchbookclub>) or by phone (224-501-3412, access code 789-141-869).

Community Concert

Michael Rivelis
Saturday February 7th at 7pm
For over 15 years, he's been performing Folk Rock and Classic Rock hits from the '60s to the '90s, including songs by Bob Dylan, John Prine, The Beatles, Bruce Springsteen, and more. Michael has played at numerous benefits, pubs, and bars, and has hosted open mics throughout the Metro West area.

VOLUNTEER OPPORTUNITIES

Go to www.franklinumc.org/volunteer to sign up and volunteer for Worship or Community events.

“O God, You Made the Sabbath Day”

Words by Carolyn Winfrey Gillette

Tune: CANONBURY

No. 463, “Lord, Speak to Me,” *The United Methodist Hymnal*

1.

O God, you made the Sabbath day,
Your gift, your law, your healing way.
You also made, within each heart
A longing for this day apart.

2.

You gave your children, long-oppressed,
Your freeing gift of Sabbath rest.
You give us Sabbath freedom, too:
Our lives are more than work we do!

3.

Life's sacred rhythm seems long gone;
The world, unblinking, carries on.
Your Spirit calls us! Slow our pace
That we may hear your word of grace.

4.

Christ Jesus lives! He makes us new!
On Sundays now, we worship you.
With hearts uplifted, joy restored,
Your church goes out to serve you, Lord.